



2022 Annual Nursing Summit



“Aging in Maine:
Best Practice and Nursing
Leadership”

Welcome & Introductions

President

Natalie Trombley, MSN, RN, NE-BC, CMSRN
Northern Light Eastern Maine Medical Center

Summit Co-Chairs

Deb Sanford, MBA, MSN, RN
Northern Light Eastern Maine Medical Center
Dawne Southworth, MSN, RN, CEN, TCRN
SimpliFi

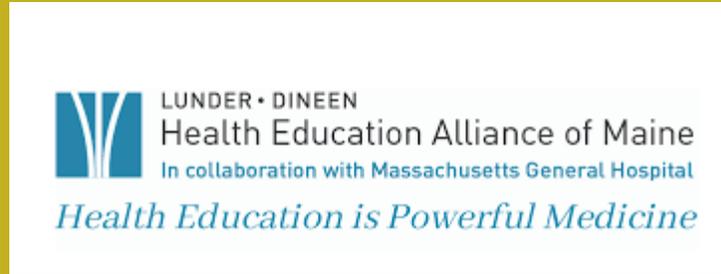
Planning Committee

- Erin Bellaire
- Roland Joy
- Stephanie Budreau

Platinum



Gold



Bronze



Sponsors

OMNL extends our sincerest gratitude to all our sponsors for making the summit possible this year.

Agenda

- 9:00 President Welcome
- 9:15 *“Building the Nursing Workforce for Older Adults in Rural Maine Using Multimodal Strategies”*
Dr. Claudia Beverly PhD, RN, FAAN
- 10:45 Care Continuum Solutions
- 10:50 *Lunder-Dineen Maine Nursing Preceptor Education Program*
Labrini Nelligan
- 11:00 *Maine Legislative Update*
Lisa Harvey-McPherson, RN, MBA, MPPM
- 11:20 Virtual Lunch**
- 11:50 *“Mother-Daughter Dance to Unspoken Caring Needs: A Lesson in Caritas”*
Dr. A. Lynne Wagner, EdD, MSN, RN, FACCE, CHMT, Caritas Coach
- 1300 *“Embracing Aging, Living with Purpose”*
Jess Maurer, Esq., Executive Director, Maine Council on Aging
- 1400 President Closing Remarks/Evaluations



Summit Objectives



1. Describe evidence-based nursing care and interprofessional team collaboration used to care for aging adults.
2. Describe and implement holistic caring strategies to improve care of the aging patient, caregivers, and nurses.
3. Identify multiple initiatives which aim to improve the health of older adults and their families.
4. Describe current research and treatments available for individuals experiencing Alzheimer's disease and dementia.
5. Identify state-wide and national resources for individuals and families of those diagnosed with Alzheimer's disease and dementia.

Continuing Education Credits

This activity has been submitted to the NL Eastern Maine Medical Center Clinical Education Provider Unit for approval to award contact hours. The Eastern Maine Medical Center Clinical Education Provider Unit is approved as a provider of nursing continuing professional development by the Northeast Multistate division, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Upon completion of meeting evaluation, 4 CEU's will be awarded.

Registration, attendance for the entire event and completion of evaluation to obtain credits.

There is not commercial support being given for this event

This activity does not include any content that relates to products and/or services of a commercial interest that would create a conflict of interest





Welcome and thank you to our vendors

Keynote

Dr. Claudia Beverly
PhD, RN, FAAN

*“Building the Nursing
Workforce for Older
Adults in Rural Maine
Using Multimodal
Strategies”*





Lunder -Dineen

Labrini Nelligan

Labrini I. Nelligan was appointed Executive Director of the Lunder-Dineen Health Education Alliance of Maine in November 2012. Labrini has served as a principal on the Lunder-Dineen team since the inception of the program and has led the development of this first-of-its-kind program between an academic medical center and neighboring state.

Guided by Labrini's leadership, the Lunder Dineen Team designs, develops and launches interprofessional, blended learning health education programs. These programs are selected to address identified public health, workforce and health disparity needs impacting residents across the state of Maine. They include: the Maine Nursing Preceptor Education Program which she is here to tell us about today, the MOTIVATE program on oral health for older adults and the Time to Ask program on unhealthy alcohol use.

Labrini's background includes both hospital-based development and political campaign fundraising.

Maine Legislative Update

Lisa Harvey- McPherson, RN, MBA, MPPM



Lisa is the current Vice President of Government relations for Northern Light Health as well as the Chair of Government Affairs for OMNL.

Lisa holds a bachelor of science in nursing, Master of business administration, as well as a master's degree in public policy and management and has many professional accomplishments and accolades to date which include but are by no means limited to:

Being the recipient of the OMNL nursing leadership award multiple times

Being the recipient of the AONL Policy and Legislative Advocacy Award

Being named home care advocate of the year

Lisa is currently:

Lisa sits on the national association for home care and hospice government advocacy council

Chairperson of the Home Care and Hospice Alliance of Maine

Government Affairs Committee

Current member of the American hospital association government relations officer's network



**LUNCH
BREAK**

Virtual Lunch 1120-1150



Lynn Wagner

Dr. Wagner has accomplished many things over her 50 years in nursing. She is currently a Caring Science Scholar, Watson Caritas Coach, Watson Caring Science Institute Faculty Associate, and Nurse Educator-Consultant.

Her book, *Four Seasons of Grieving* received ANA's book of the year in the Palliative and Hospice category. She also co-founded the Massachusetts Regional Caring Science Consortium that offers programs for nurses to explore care practices together.

She will be presenting 'Mother-Daughter Dance to Unspoken Caring Needs: A Lesson in Caritas.'

Jess Maurer



Executive Director, Maine Council On Aging

Jess advances statewide public policy initiatives that support the health and economic security of older Mainers and provides leadership within Maine's aging network.

As part of this work, she is the Project Manager for the Tri-State Learning Collaborative on Aging and has co-authored *Building a Collaborative Community Response to Aging in Place* and *Maine's Blueprint for Action on Aging*.

Today she will give us insight on how we can better approach and care for our aging population. She will be presenting "Embracing Aging, Living with Purpose" Please join me in welcoming Jess Maurer.



Organization of Maine
Nursing Leadership

Joining OMNL

The membership of OMNL consists of nursing leaders from all health care provider settings as well as nursing education. The combined expertise and talent of our members provide a rich resource for professional and personal networking. Additionally, the membership serves as the foundation for our collective reputation as nursing care experts and affords OMNL to collaborate and participate with other health related interest groups both here in Maine and nationally regarding health care issues.

OMNL members are Maine nurses who work as:

- Executives
- Managers/Directors
- Educators
- Nurses in leadership or aspiring to be leadership positions
- Retired Medical Professionals

Your membership will benefit you in many ways, including:

- Collaborating with peers from around the state
- Building lasting relationships
- Finding or becoming a mentor
- Being on the cutting edge of nursing practice

Annual OMNL Meeting

September 22-23, 2022

Hilton Garden Inn Freeport, Maine

If you would like to join the planning committee for annual meeting, please email us at mainenurseleaders@gmail.com

Accepting nominations for:
OMNL Nurse Advocacy Award
OMNL Emerging Nurse Leader Award
OMNL Nurse Exemplary Nurse Leader Award

Will be presented at the 2022 Annual Meeting



Thank you for attending the 2022 Annual Nursing Summit!

Next Steps

- Please complete evaluation in order to obtain CEUs
- Please join us for our next business meeting April 15 at 0900 via zoom

Thank you to our sponsors and vendors

- Northern Light Health
- SimplFi
- Saint Joseph's Healthcare
- Purdue Global
- Legacy Virtual
- Care Continuum Solutions

